

Guide to the Brackenhurst Campus Outlet

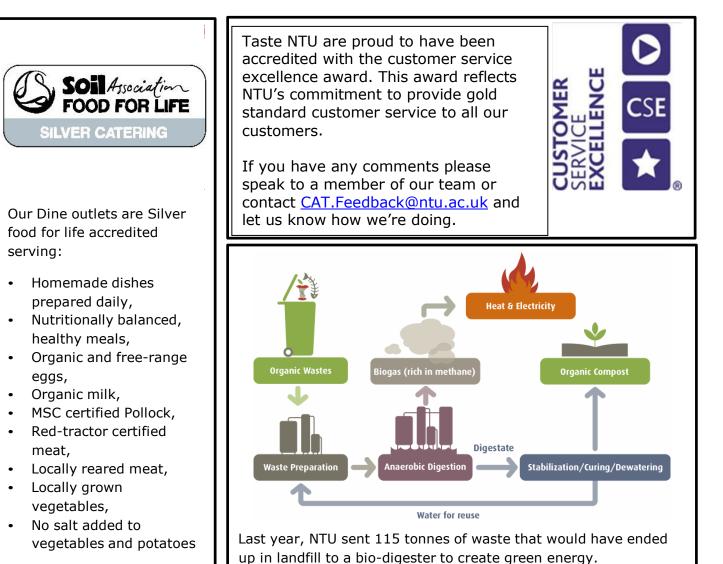




- Serving breakfast and lunch, 8.30 –
 2.30 Monday Friday (term time only, lunch served until 2.00 pm)
- Silver food for life accredited menusensuring high animal welfare standards, a range of organic produce and nutritionally balanced meals.
- All food freshly prepared each day by our dedicated team of chefs.



About Taste, NTU



We offer a range of dishes for different dietary requirements including vegetarian, vegan, gluten-free and halal. Look out for the symbols on our menus.

For advise on allergens, please speak to a member of our team who will be happy to advise or contact us at <u>CAT.Feedback@ntu.ac.uk</u>.

Silver

NUS Green Impact

Catering services achieved Bronze in the first year of the NUS Green Impact catering tab for our efforts in waste reduction, energy efficiency & environmental considerations.





Menus from September 2015

Good morning... Great value set breakfast Any 2 of sausage, bacon or Quorn[®] sausage, with a fried egg, 2 hash browns, choice of beans or tomatoes and a slice of toast with a tea, coffee or orange juice £3.25 Additional items 60p Upgrade to scrambled egg 15p Go BIG... Add any 3 items to your breakfast! £1.50 Breakfast rolls... A choice of a white or brown roll with any: £1.20 1 item 2 items £1.80 £2.40 3 items All the above served with a sauce portion. ...on toast Double portion served on 2 slices of white or brown toast: Baked beans £1.50 Scrambled egg £2.10

Vegetarian Halal RT Red Tractor certified MSC MSC certified

Any queries relating to food allergies or dietary requirements should be directed to a member of the catering team who will be happy to advise.

Tomatoes Fried egg

All the meat we serve is red tractor marked and supplied from a local butcher. All the eggs we serve are free-range and organic and all the milk we serve is organic.



£1.50

£1.80





WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the day	Broccoli and blue cheese G	Yellow Split Pea and Chorizo G DF	Vegetable and Pearl Barley V DF	Smoked Bacon, White Bean and Parsley G DF	Leak and Potato
Vegetarian option	Root vegetable, pearl barley and lentil hotpot with medley of steamed vegetables and potatoes	Garden vegetable, mature cheddar and chive quiche with salad and new potatoes	Autumn vegetables and bean stew with parsley dumpling, mustard mash and green vegetable medley	Quick fried vegetables cooked in a hoisin sauce with cashews and noodles	Italian style vegetables in a rustic tomato sauce with butterbeans, penne pasta and salad
Chefs traditional	Classica beef Lasagne with garlic bread and salad	Homemade chicken and leek pie with mustard mash & green vegetable medley	Red Thai chicken curry with mangos and peppers served with coriander rice	Braised shoulder of lamb in chasseur sauce with mash potatoes and vegetables	Battered sustainable Pollock with chips, mushy peas and homemade tartare sauce
Desserts	Lemon fudge sponge and custard	Bakewell tart and custard	Fruit Crumble and custard	Cornflake tart and custard	Rice pudding

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WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the day	Mushroom and chive	Chili tomato, beef and white bean RT G DF	Leek parsley and potato	Chicken and Sweetcorn RT H DF	Butternut, sweet potato and ginger V G DF
Vegetarian option	Leek, potato, cheese and bean pie with steamed vegetable and mash	Quick fried spicy vegetable and bean enchiladas with potatoes wedges and crisp salad	Grilled vegetable, spinach and butterbean lasagne with garlic bread and mixed salad	Macaroni cheese with spinach red pepper and mushroom with garlic bread and mixed salad	
Chefs Traditional	Salmon, broccoli, spinach and chive pasta bake with garlic bread and mixed salad	Beef and root vegetable stew with mash, garden vegetables and herb dumplings	Chicken, leek and mushroom pie topped with short crust pastry with mash and garden vegetables	Chilli beef burritos with spicy wedges, sour cream salsa and salad	Sustainable Pollock with chips, mushy peas and homemade tartar sauce
Desserts	Apple crumble with custard	Jam sponge with custard	Cornflake tart with custard	Chocolate fudge pudding with chocolate sauce	Sticky toffee pudding with caramel sauce

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Carbs Bar

Jacket, chips or rice	V	£1.20
Mixed bean & veg chilli	V	£1.75
Veg, lentil & bean casserole	V	£1.75
Chilli con carne	RT	£1.85
Chicken Balti	RT H	£1.95
Baked beans	V	£0.65
Tuna mayo		£1.50
Cheddar cheese	V	£0.85
Fresh coleslaw	V	£0.75
Served with salad garnish	V	

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