



January 2018

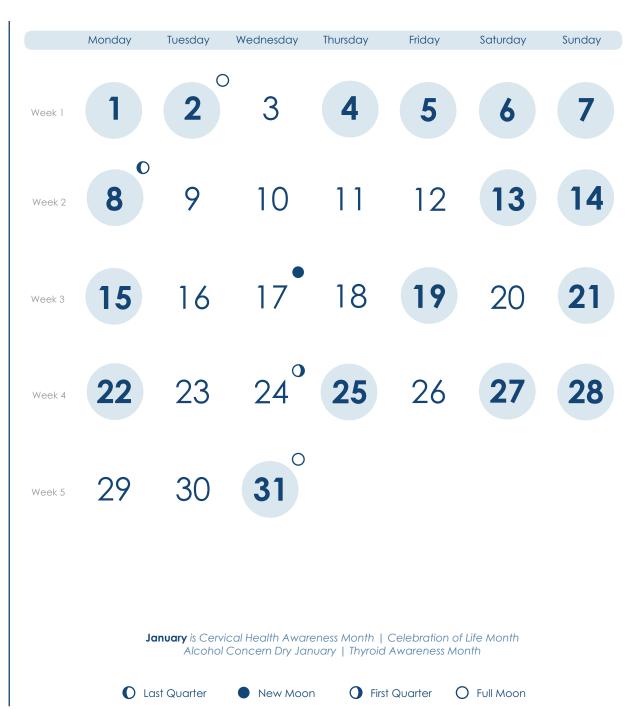
We can do no great things, only small things with great love. Mother Teresa



Declaration of Human Rights 1948

In 2018 we celebrate 70 years of the Universal Declaration of Human Rights adopted by the United Nations. The Declaration unequivocally proclaims the inherent rights of all human beings. The 30 Articles within the Declaration are the basic human rights of all.





Special Days

- 1st Mary, Mother of God Catholic Christian Feast of Saint Basil – Orthodox Christian Gantan-sai (New Year) – Shinto Bank Holiday – England, Wales, Scotland, Northern Ireland and ROI
 - New Year's Day/Hogmanay
- 2nd Bank Holiday Scotland2-4 Mahayana New Year Buddhist
- 4th World Braille Day
- 5th Twelfth Night Christian
 Birthday of Guru Gobind Singh Sikh
- 6th Epiphany Christian
 Feast of the Theophany Orthodox
- Christian

 7th Baptism of the Lord Jesus Christian
- 8th Seijin no hi (Coming of Age Day)
 Shinto
- 13th Saint Hilary's Day Christian Maghi Sikh
- 14th New Year Orthodox Christian Makar Sankranti – Hindu
- 15th Martin Luther King Jnr. Day
- 18th 18-25 Week of Prayer for Christian Unity

 Christian
- **19th Timkat** Ethiopian Orthodox Christian
- 21st World Religion Day Baha'i Saint Agnes Day – Christian Zacchaeus Sunday – Orthodox Christian
- **22nd Vasant Panchami** Hindu
- 25th Robert Burns Night (Burns Night)
 Conversion of Saint Paul Christian
- 27th Holocaust Memorial Day
- 28th Saint Thomas Aquinas Day Christian
 Data Privacy Day
 Triodion begins Orthodox Christian
- 31st Birthday of Guru Har Rai Sikh
 Tu BiShvat Judaism



February 2018

The question isn't who's going to let me; it's who is going to stop me.

Ayn Rand



Basic Human Rights Articles

1

Right to Equality

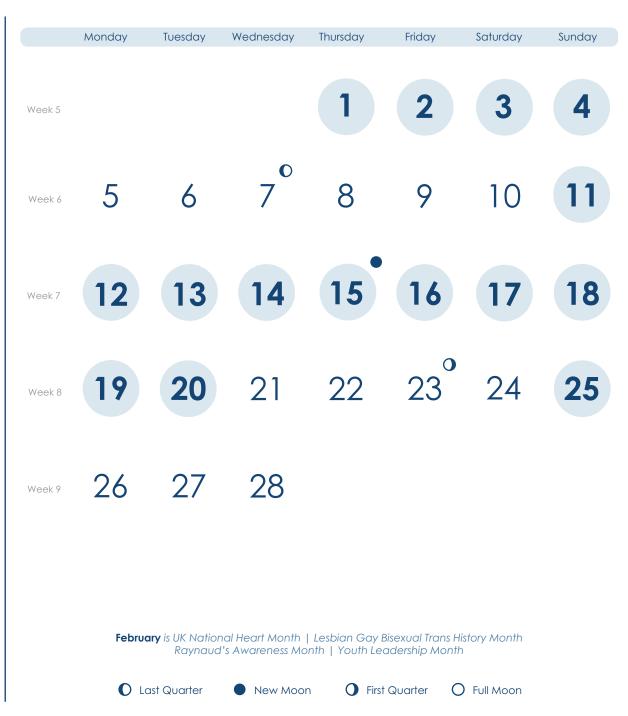
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Freedom from Discrimination

3

Right to Life, Liberty, Personal Security





Special Days

- 1st World Hijab Day Imbolc – Lughnassadh – Wicca/Pagan Northern and Southern hemispheres
- 2nd Candlemas (Presentation of Christ in the Temple) Christian
- 3rd Saint Blaise Day Christian Setsubun-sai Shinto
- 4th World Cancer Day
 Four Chaplains Sunday Interfaith
 Presentation of Christ Orthodox
 Christian
- 11th Our Lady of Lourdes Christian
 Autism Sunday
 Meatfare Sunday Orthodox Christian
 International Day of Women and Girls
 in Science
- 12th Red Hand Day for Child Soldiers
- 13th Shrove Tuesday Christian Maha Shivaratri – Hindu
- 14th Saint Valentine's Day
 Ash Wednesday Christian
- 15th Nirvana Day Buddhist, Jain International Childhood Cancer Day
- **16th Chinese New Year** Confucian, Daoist, Buddhist
- 17th World Human Spirit Day
- **18th Cheesefare Sunday** Orthodox Christian
- 19th Great Lent begins Clean Monday – Orthodox Christian
- 20th World Day of Social Justice
- 25th Intercalary Days (start) Baha'i Sunday of Orthodoxy – Orthodox Christian



March 2018

We must believe that we are gifted for something, and that this thing, at whatever cost, must be attained. Marie Curie



Basic Human Rights Articles

Freedom from Slavery

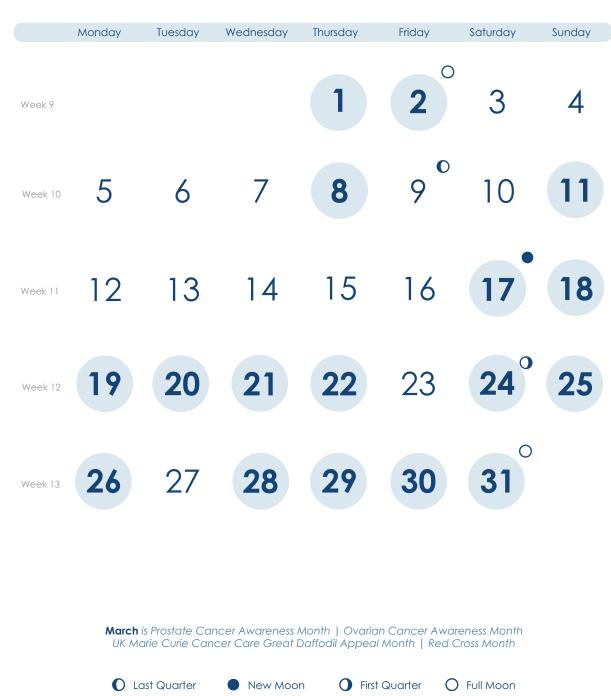
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Freedom from Torture and Degrading Treatment

6

Right to Recognition as a Person before the Law





Special Days

- 1st Zero Discrimination Day Saint David's Day – Christian Intercalary Days (end) – Baha'i **Self Injury Awareness Day** International Wheelchair Day **Purim** – Judaism
- 2nd Hola Mohalla Sikh Holi - Hindu
 - Nineteen Day Fast (start) Baha'i Magha Puja (Sangha Day) – Buddhist
- 8th International Women's Day
- 11th Mothering Sunday
- 17th Saint Patrick's Day Christian
- **18th New Year** Hindu Ramayana – Hindu
- 19th Bank Holiday Northern Ireland and
- Saint Joseph's Day Christian
- 20th Spring Equinox Ostara - Mabon - Wicca/Pagan Northern and Southern hemispheres
- 21st Naw-Rúz (New Year) Baha'i International Day for the Elimination of Racial Discrimination
- 22nd World Water Day
- 24th World TB Day
- 25th Palm Sunday Christian **British Summer Time begins** Annunciation to the Theotokos - Orthodox Christian
- 26th Ram Navami Hindu
- 28th Khordad Sal (Birth of Prophet Zarathushtra) – Zoroastrian
- 29th Maundy Thursday Christian Mahavir Jayanti – Jain
- 30th Good Friday Christian Bank Holiday - England, Wales,
- Scotland and Northern Ireland 31st Holy Saturday – Christian
 - Lazarus Saturday Orthodox Christian Pesach (Passover) - Judaism **Lord's Evening Meal** – Jehovah's Witness Christian

Hanuman Jayanti – Hindu



April 2018

Success is getting what you want, happiness is wanting what you get.

Ingrid Bergman



Diversity Perspectives

Basic Human Rights Articles

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Right to Equality before the Law

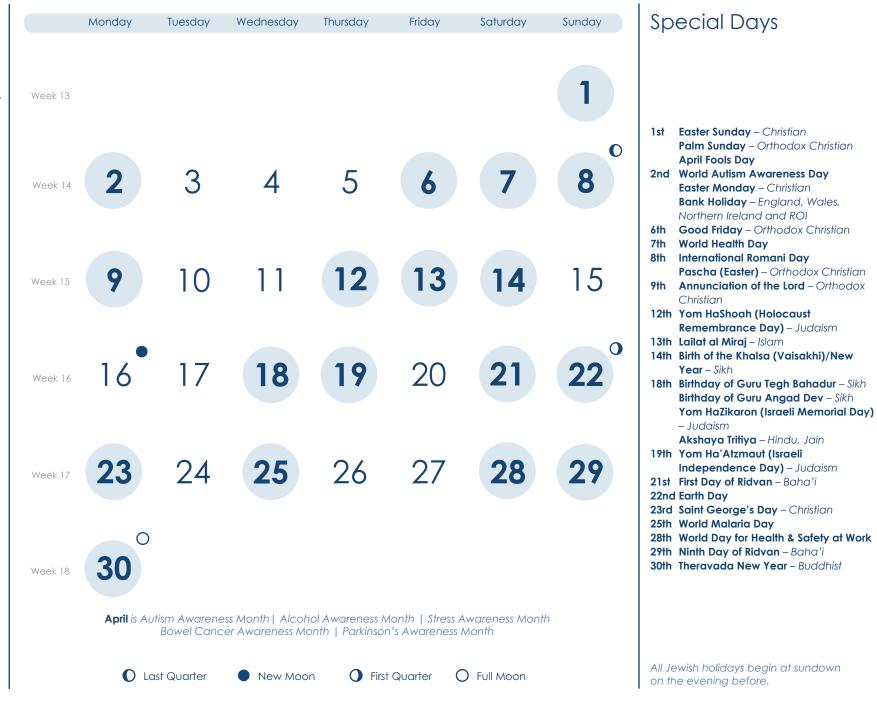
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Right to Remedy by Competent Tribunal

9

Freedom from Arbitrary Arrest and Exile







May 2018

The most effective way to do it, is to do it.

Amelia Earhart



Basic Human Rights Articles

10

Right to Fair Public Hearing

11

Right to be Considered Innocent until Proven Guilty





New Moon

First Quarter

O Full Moon

C Last Quarter

Special Days

- 1st Beltane Samhain Wicca/Pagan Northern and Southern hemispheres Lailat al Bara'ah – Islam
- 2nd Twelfth Day of Ridvan Baha'i Birthday of Guru Arjan Dev – Sikh
- 3rd World Press Freedom Day Lag B'Omer Judaism
- **7th Bank Holiday** England, Wales, Scotland, Northern Ireland and ROI
- 8th World Red Cross Red Crescent Day
- 9th Europe Day
- **10th Ascension Day** Christian
- 13th Our Lady of Fatima Catholic Christian Yom Yerushalayim (Jerusalem Day) – Judaism
- 15th International Day of Families
- **16th Ramadan begins** Islam
- 17th International Day Against
 Homophobia, Transphobia and
 Biphobia
 Ascension of the Lord Orthodox
 Christian
- 20th Shavuot Judaism Pentecost – Christian
- 21st World Day for Cultural Diversity for Dialogue and Development
- 22nd International Day for Biological Diversity
- 23rd Birthday of Guru Amar Das Sikh
- **24th** Declaration of the Báb Baha'i
- 27th Trinity Sunday Christian
 Pentecost Orthodox Christian
- **28th Bank Holiday** England, Wales, Scotland and Northern Ireland
- 29th Ascension of Baha'u'llah Baha'i International Day of United Nations Peacekeepers Vesak – Buddha Day – Buddhist
- 31st World No Tobacco Day
- Corpus Christi Catholic Christian



June 2018

Whatever you do, be different – that was the advice my mother gave me, and I can't think of better advice for an entrepreneur. If you're different, you will stand out.

Anita Roddick



Basic Human Rights Articles

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Freedom from Interference with Privacy, Family, Home and Correspondence

13

Right to Free Movement in and out of the Country



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
Week 22					1	2	3		
Week 23	4	5	6	7	8	9	10		
Week 24	11	12	13	14	15	16	17		
Week 25	18	19	20	21	22	23	24		
Week 26	25	26	27	28°	29	30			
June is Motor Neurone Disease Awareness Month Stillbirth & Neonatal Death Awareness Month LGBT Pride Month Men's Health Awareness Month Gypsy, Roma and Traveller History Month									

Special Days

- 1st Global Day of Parents
- 4th International Day of Innocent Children Victims of Aggression
 - Bank Holiday ROI
- 5th World Environment Day
- 8th Sacred Heart of Jesus Catholic Christian
 - **Quds Day** Islam
- 10th Laylat al Qadr Islam
- 12th World Day against Child Labour
- 14th World Blood Donor Day
- **15th Eid al Fitr** Islam
 - World Elder Abuse Awareness Day
- 16th Martyrdom of Guru Arjan Dev Sikh
- 17th World Day to Combat Desertification and Drought
 - Father's Day
- 20th World Refugee Day
- 21st Summer Solstice
 - **Litha Yule** Wicca/Pagan Northern and Southern hemispheres
 - **World Humanist Day**
- 24th Nativity of Saint John the Baptist
 - Christian
- 29th Feast of Saints Peter and Paul
 - Christian











July 2018

You are more powerful than you know; you are beautiful just as you are.

Melissa Etheridge



Basic Human Rights Articles

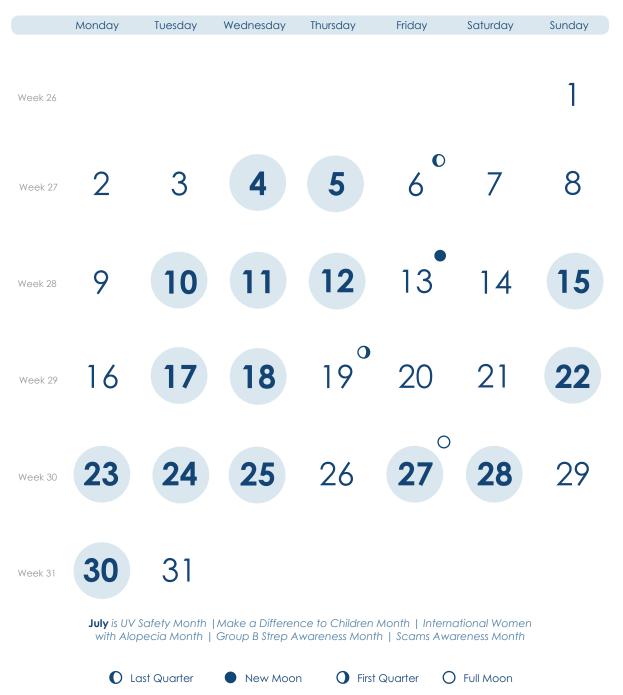
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Right to Asylum in other Countries from Persecution

15

Right to a Nationality and the Freedom to Change it





Special Days

- 4th US Independence Day
- 5th Birthday of Guru Hargobind Sikh
- 10th Martyrdom of the Báb Baha'i
- 11th Saint Benedict Day Christian World Population Day
- 12th Orangemen's Day
 - Bank Holiday Northern Ireland
- 15th Saint Vladimir the Great Day

 Orthodox Christian
 - World Youth Skills Day
- 17th World Day for International Justice
- 18th Nelson Mandela International Day
- 22nd Feast Day of Saint Mary Magdalene
 - Christian
 - Tish'a B'av Judaism
- 23rd Birthday of Guru Har Krishan Sikh Birthday of Emperor Haile Selassie
 - Rastafari
- 24th Pioneer Day Mormon Christian
- 25th Saint James the Great Day Christian
- 27th Asalha Puja (Dharma Day) Buddhist
- 28th World Hepatitis Day
- 30th World Day against Trafficking Persons International Day of Friendship



August 2018

The challenge is not to be perfect...it's to be whole.

Jane Fonda



Basic Human Rights Articles

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Right to Marriage and Family

17

Right to Own Property

18

Freedom of Belief and Religion



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday			
Week 31			1	2	3	4°	5			
Week 32	6	7	8	9	10	11	12			
Week 33	13	14	15	16	17	18	19			
Week 34	20	21	22	23	24	25	26			
Week 35	27	28	29	30	31					
August is Health & Safety Month Psoriasis Awareness Month Black Business Month Children's Eye Health & Safety Month										
♠ Last Quarter ♠ New Moon ♠ First Quarter ♠ Full Moon										

Special Days

1st Lammas - Christian Fast in honour of Holy Mother of Lord Jesus – Orthodox Christian Lughnassadh - Imbolc - Wicca/Pagan Northern and Southern hemispheres

6th Transfiguration of the Lord – Orthodox Christian

Transfiguration Sunday – Christian **Summer Bank Holiday** – Scotland and

9th International Day of the World's **Indigenous Peoples**

12th International Youth Day

15th Assumption of Blessed Virgin Mary

- Catholic Christian

Dormition of the Theotokos – Orthodox Christian

19th World Humanitarian Day

20th Waqf al Arafa – Islam

22nd Queenship of Mary – Catholic Christian **Eid al Adha** – Islam

26th Raksha Bandhan – Hindu

27th Summer Bank Holiday - England. Wales and Northern Ireland

29th Beheading of Saint John the Baptist

Christian



September 2018

When we do the best we can, we never know what miracle is wrought in our life, or in the life of another. Helen Keller



Basic Human Rights Articles

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Freedom of Opinion and Information

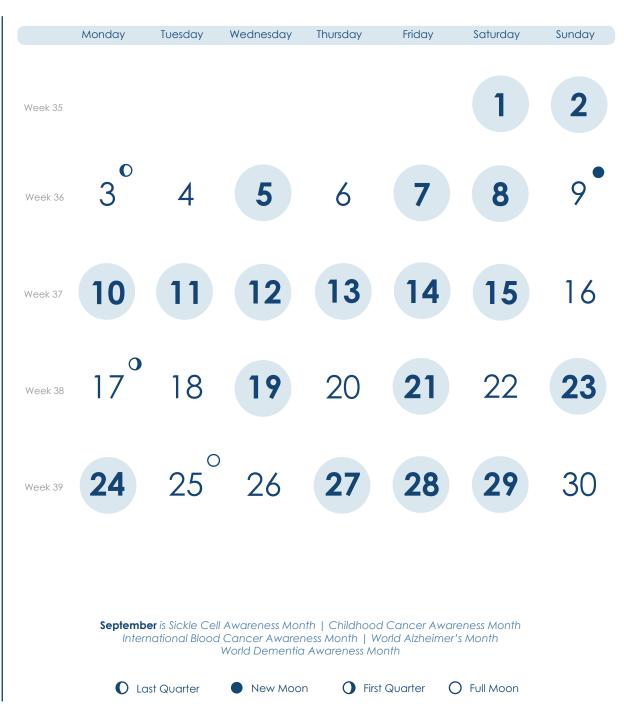
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Right of Peaceful Assembly and Association

21

Right to Participate in Government and in Free Elections





Special Days

- Religious year begins Orthodox Christian
- 2nd Krishna Janmashtami Hindu
- International Day of Charity
- Paryushana-Parva Jain
- 8th Nativity of Virgin Mary Christian International Literacy Day
- 10th World Suicide Prevention Day Rosh Hashanah – Judaism
- 11th Ethiopian New Year Rastafari
- 12th Al-Hijra/Muharram New Year Islam
- 13th Ganesh Chaturthi Hindu
- **14th The Triumph of the Cross** Christian **Elevation of the Holy Cross** – Orthodox Christian
- 15th International Day of Democracy
- 19th Yom Kippur Judaism
- 21st International Day of Peace World Alzheimer's Day Ashura – Islam
- 23rd Bi Visibility Day **Autumn Equinox**

Mabon - Ostara - Wicca/Pagan Northern and Southern hemispheres

Anant Chaturdashi – Jain

24th Sukkot – Judaism

- **27th Meskel** Ethiopian Orthodox Christian
- 28th International Right to Know Day
- 29th Michaelmas Saint Michael and All **Angels** – Christian

World Heart Day



October 2018

If you look at what you have in life, you'll always have more. If you look at what you don't have in life, you'll never have enough. Oprah Winfrey



Basic Human Rights Articles

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Right to Social Security

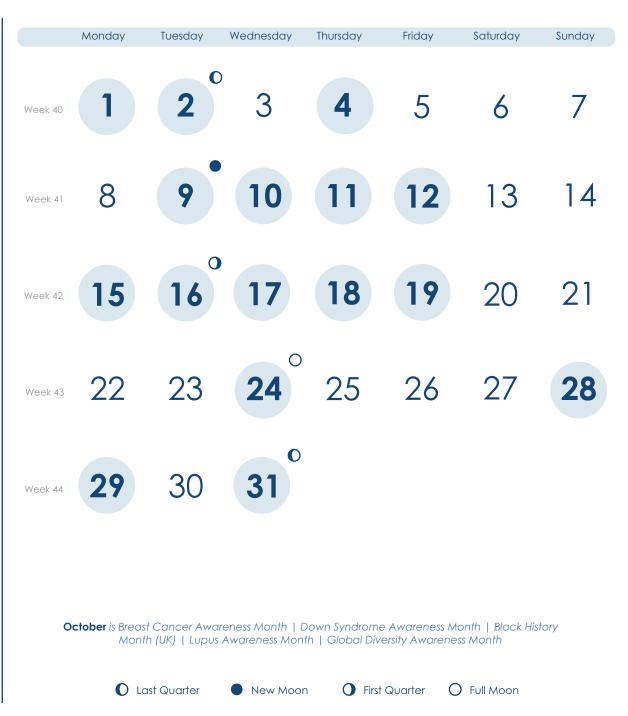
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Right to Desirable Work and to Join Trade Unions

24

Right to Rest and Leisure





Special Days

- 1st International Day of Older Persons
 Shemini Atzeret Judaism
- 2nd International Day of Non-Violence Feast of the Guardian Angels – Christian
 - Simchat Torah Judaism
- 4th Saint Francis Day Christian
 Blessing of the Animals Christian
- 9th Birthday of Guru Ram Das Sikh Navaratri begins – Hindu
- 10th World Mental Health Day
- 11th International Day of the Girl Child
- 12th World Sight Day
- 15th International Day of Rural Women
- 16th World Food Day
- 17th International Day for the Eradication of Poverty
- 18th Saint Luke, Apostle & Evangelist

 Christian
- 19th Dussehra Dasara Hindu
- 24th United Nations Day
- 28th British Summer Time ends
- 29th World Stroke Day Bank Holiday – ROI
- 31st All Hallows' Eve Christian
 Samhain (Halloween) Beltane
 - Wicca/Pagan Northern and Southern hemispheres
 - **Reformation Day** Protestant Christian



November 2018

It takes a great deal of courage to stand up to your enemies, but even more to stand up to your friends.

J. K. Rowling



Diversity Perspectives

Basic Human Rights Articles

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Right to Adequate Living Standard

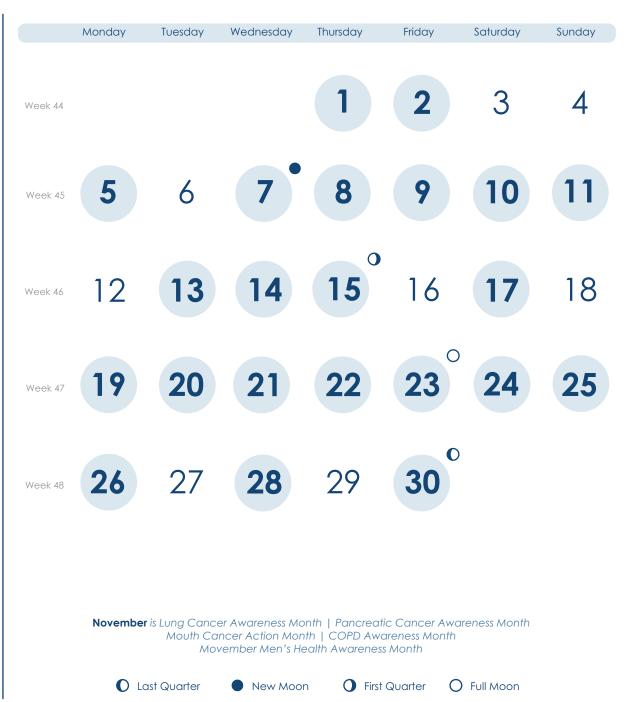
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Right to Education

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Right to Participate in the Cultural Life of Community





Special Days

- 1st All Saints' Day Christian
- 2nd All Souls' Day Christian
 Coronation of Emperor Haile
 Selassie I Rastafari
- 5th Guy Fawkes Night
- 7th Diwali Deepavali Hindu, Sikh, Jain Bandi Chhor Divas Sikh
- 8th Saal Mubarak Hindu
- 9th Dedication of the Lateran Basilica

 Catholic Christian
 - Birth of the Báb Baha'i
- 10th Birth of Baha'u'llah Baha'i
- 11th Armistice Day Interfaith Remembrance Sunday
- 13th World Kindness Day
- 14th World Diabetes Day
- **15th Nativity Fast begins** Orthodox Christian
- 17th International Students' Day
- 19th International Men's Day
- 20th Universal Children's Day Transgender Day of Remembrance Mawlid al-Nabi — Islam
- 21st Presentation of the Theotokos
 - Orthodox Christian
- **22nd Thanksgiving** Interfaith USA
- 23rd Birthday of Guru Nanak Dev Sikh
- 24th Martyrdom of Guru Tegh Bahadur
- Sikh25th International Day for the Elimination of
- Violence against Women

 Feast of Christ the King Christian
- **26th Day of the Covenant** Baha'i
- 28th Ascension of Abdul'I-Baha Baha'i
- 30th Saint Andrew's Day Christian Bank Holiday Scotland



December 2018

Don't look at your feet to see if you are doing it right. Just dance. **Anne Lamott**



Basic Human Rights Articles

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Right to a Social Order that Articulates this Document

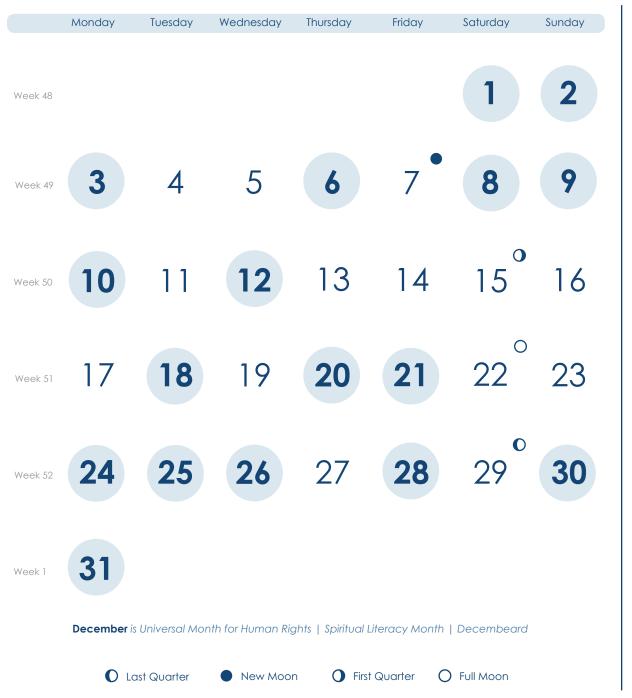
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Community Duties Essential to Free and Full Development

30

Freedom from State or Personal Interference in the above Rights





Special Days

- **World AIDS Day**
- 2nd International Day for the Abolition of Slavery
 - **Advent Sunday** Christian
- 3rd International Day of Persons with **Disabilities**
 - **Chanukah** Judaism
- 6th Saint Nicholas' Day Christian
- 8th Feast of the Immaculate Conception - Christian
 - Rohatsu (Bodhi Day) Buddhist
- 9th International Anti-Corruption Day 10th Human Rights Day
- 12th Feast Day of Our Lady of Guadalupe - Catholic Christian
- 18th International Migrants Day
- 20th International Human Solidarity Day
- 21st Winter Solstice
 - Yule Litha Wicca/Pagan Northern and Southern hemispheres
 - Yule Christian
- 24th Christmas Eve Christian
- 25th Christmas Day Christian Bank Holiday - England, Wales,
 - Scotland, Northern Ireland and ROI Feast of the Nativity – Orthodox Christian
- 26th Saint Stephen's Day Christian **Boxing Day**
 - Bank Holiday England, Wales, Scotland, Northern Ireland and ROI
 - Zarathosht Diso (Death of Prophet **Zarathushtra**) – Zoroastrian
- 28th Holy Innocents Christian
- 30th Feast of the Holy Family Catholic Christian
- 31st New Year's Eve/Hogmanay Watch Night - Christian



Diversiton Training Workshops and Courses – 2018/19

Our UK and Ireland network of trainers (based in **Clonmel, Sheffield, London, Birmingham, Belfast, Edinburgh and Warrenpoint**) deliver a range of programmes for Private and Public sector clients. Here is a summary of our main Courses. All Workshops are tailored to individual needs. Please contact us for further information on any course.



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PeaceBuilding



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Religion and Belief within our Organisation.

Do we need a Prayer Room a Quiet Space?

Older Workers – Retirement strategies that work for everyone!

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