



Play for fun

Term 1

5 October – 10 December 2015

What is Play for fun?

NTU Sport boasts the motto Proud to be NTU. We pride ourselves in offering something for everyone, whether you're a beginner, want to get back into a sport you love without the commitment or just want an alternative to the gym, there's an activity for you. Play for fun is your portal to discovering new sports opportunities, making new friends and developing new passions. But most importantly – having fun while playing!

How to get involved

It's very easy to get involved with any of our sessions. Simply turn up at the venue, sign in at reception and you're ready to go!

*Please note: some of our sessions may require an advance booking. Check the timetable and website for more details.

Price

Sessions cost just £2 a session and no NTU Sport membership or Sports Club Affiliation is required. Sessions are free to those with membership. All equipment is provided.



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Women's Netball 5 pm - 6 pm Clifton Sports Hall		Golf* 2 pm - 3 pm Ruddington Golf Club	Trampolining 5 pm - 7 pm City Sports Hall	Climbing** 12.30 pm - 2.30 pm City Climbing Wall	
	Lacrosse 4.30 pm - 6 pm 3G Pitch	Sailing* 2 pm - 3.30 pm Holme Pierrepont		Wheelchair Basketball 5 pm - 6.30 pm Clifton Sports Hall	
Table Tennis 6 pm - 7 pm City Sports Hall	Men's Futsal 5 pm - 6 pm Clifton Sports Hall	Archery 3 pm - 4.30 pm City Sports Hall	Volleyball 6 pm - 7 pm Clifton Sports Hall		Peak District Walking* 9 am - 5 pm Dates TBC
	Table Tennis 6 pm - 7 pm Clifton Sports Hall 2	Track Cycling* 4 pm - 5 pm Derby Velodrome	Gymnastics 6.30 pm - 8 pm Clifton Sports Hall 2	Squash 5.45 pm - 7.15 pm Clifton Squash Courts	
		Women's Netball 4.30 pm - 6 pm City Sports Hall	Badminton 8.30 pm - 10 pm Clifton Sports Hall	Badminton 6 pm - 7.30 pm City Sports Hall	
Volleyball 7 pm - 8 pm City Sports Hall	Running Group 6 pm - 7 pm Meet outside City SU	Climbing** 5 pm - 8 pm City Climbing Wall	Basketball 9 pm - 10.30 pm City Sports Hall		
	Basketball 7.30 pm - 9 pm Clifton Sports Hall	Handball 7 pm - 8 pm City Sports Hall		Men's Futsal 9 pm - 10.30 pm City Sports Hall	

This session can be made accessible to wheelchair / disabled athletes.

*Must pre-book for these sessions, additional costs may apply.

**Climbing sessions are split into one hour sessions, pre-booking is advisable as there are only six spaces available each hour.

Social sport

These sessions allow you to play the sport you love on a casual basis with the added bonus of regular fun tournaments. They're perfect for those who may not wish to play representative sport, want to play more than one sport casually, have been unsuccessful at trials or want to just turn up and play with your friends.



Beginner sport

Want to try something new? Our friendly beginner sessions are for you. Introduce yourself to a new sport, get back into something you loved at school or just try something different.



Want to find out more?

www.ntu.ac.uk/playforfun

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Email: sport@ntu.ac.uk

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