



NOTTINGHAM  
TRENT UNIVERSITY

# THE INCLUSION CALENDAR 2019





# January

## 2019

Martin Luther King Jr.



15th January marks 90 years since the birth of Martin Luther King Jr. He sought equality and human rights for African Americans, the economically disadvantaged and all victims of injustice through peaceful protest. He was awarded the Nobel Peace Prize in 1964.

**Darkness** cannot drive out darkness; only light can do that. Hate cannot drive out hate; **only love** can do that.

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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 1		1	2	3	4	5	6
Week 2	7	8	9	10	11	12	13
Week 3	14	15	16	17	18	19	20
Week 4	21	22	23	24	25	26	27
Week 5	28	29	30	31			

January is Cervical Health Awareness Month | Celebration of Life Month |  
Alcohol Concern Dry January | Thyroid Awareness Month

○ Last Quarter ● New Moon ○ First Quarter ○ Full Moon

## Special Days

- 1st Mary, Mother of God – Catholic Christian
- Gantan-sai (New Year) – Shinto
- Bank Holiday – England, Wales, Scotland, Northern Ireland and ROI
- New Year's Day/Hogmanay
- World Day of Peace
- 2nd Bank Holiday – Scotland
- 4th World Braille Day
- 5th Twelfth Night – Christian
- 6th Epiphany – Christian
- 7th Feast of the Nativity – Orthodox Christian
- 13th Baptism of the Lord Jesus – Christian
- Saint Hilary's Day – Christian
- Birthday of Guru Gobind Singh – Sikh
- 14th New Year – Orthodox Christian
- Seijin no hi (Coming of Age Day) – Shinto
- Maghi – Sikh
- 15th Makar Sankranti – Hindu
- 18th 18–25 Week of Prayer for Christian Unity – Christian
- 19th Timkat – Ethiopian Orthodox Christian
- Feast of the Theophany – Orthodox Christian
- 20th World Religion Day – Baha'i
- 21st Martin Luther King Jr Day
- 21–23 Mahayana New Year – Buddhist
- Saint Agnes' Day – Christian
- Tu B'Shvat – Jewish
- 25th Robert Burns Night (Burns Night)
- Conversion of Saint Paul – Christian
- 27th Holocaust Memorial Day
- 28th Saint Thomas Aquinas Day – Christian
- Data Privacy Day
- 31st Birthday of Guru Har Rai – Sikh

All Jewish holidays begin at sundown on the evening before.







# February 2019

Tawakkol Karman



Tawakkol Karman turns 40 on 7th February and is a Yemeni journalist, politician and human rights activist leading the group "Women Journalists Without Chains" which she co-founded in 2005. She became the first Arab woman and the second Muslim woman to win a Nobel Prize as well as the second youngest Nobel Peace Laureate to date.

The solution to women's issues can only be achieved in a free and democratic society in which human energy is liberated, the energy of **both** women and men together.

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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 5					1	2	3
Week 6	4	5	6	7	8	9	10
Week 7	11	12	13	14	15	16	17
Week 8	18	19	20	21	22	23	24
Week 9	25	26	27	28			

February is UK National Heart Month | Lesbian Gay Bisexual Trans History Month |  
Raynaud's Awareness Month | Youth Leadership Month

○ Last Quarter   ● New Moon   ○ First Quarter   ○ Full Moon

## Special Days

- 1st World Hijab Day  
Imbolc – Lughnasadh – Wicca/Pagan  
Northern and Southern hemispheres
- 2nd Candlemas (Presentation of Christ in the Temple) – Christian
- 3rd Saint Blaise's Day – Christian  
Setsubun-sai – Shinto  
Four Chaplains Sunday – Interfaith
- 4th World Cancer Day
- 5th Chinese New Year – Confucian, Daoist, Buddhist  
Safer Internet Day
- 10th Autism Sunday  
Vasant Panchami – Hindu  
Zacchaeus Sunday – Orthodox Christian
- 11th Our Lady of Lourdes – Christian  
International Day of Women and Girls in Science  
World Day of the Sick
- 12th Red Hand Day for Child Soldiers
- 14th Saint Valentine's Day
- 15th Nirvana Day – Buddhist, Jain  
International Childhood Cancer Day
- 17th World Human Spirit Day  
Triodion begins – Orthodox Christian
- 20th World Day of Social Justice
- 26th Intercalary Days (start) – Baha'i

All Jewish holidays begin at sundown on the evening before.







# March 2019

Angela Berners-Wilson



It's 25 years on 12th March since the first 32 women were ordained as Church of England priests. They were ordained in alphabetical order, so Angela Berners-Wilson is considered the very first. It wasn't until late January 2015 that the Right Reverend Libby Lane was made Bishop of Stockport following the Church's legislation to allow women bishops.

Those of us in the first group of female priests had to prove ourselves. You do the very best you can, because if something goes wrong, then they might say, 'What do you expect? She's a **woman**'.

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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 9					1	2	3
Week 10	4	5	6	7	8	9	10
Week 11	11	12	13	14	15	16	17
Week 12	18	19	20	21	22	23	24
Week 13	25	26	27	28	29	30	31

March is Prostate Cancer Awareness Month | Ovarian Cancer Awareness Month |  
UK Marie Curie Cancer Care Great Daffodil Appeal Month | Red Cross Month

○ Last Quarter ● New Moon ○ First Quarter ○ Full Moon

## Special Days

- 1st Zero Discrimination Day  
Saint David's Day – Christian  
Intercalary Days (end) – Baha'i  
Self Injury Awareness Day  
International Wheelchair Day
- 3rd Meatfare Sunday – Orthodox Christian
- 4th Maha Shivaratri – Hindu
- 5th Shrove Tuesday – Christian
- 6th Ash Wednesday – Christian
- 8th International Women's Day
- 10th Cheeseare Sunday – Orthodox Christian
- 11th Great Lent begins – Clean Monday – Orthodox Christian
- 14th Nanakshahi (New Year) – Sikh
- 17th Saint Patrick's Day – Christian
- 18th Bank Holiday – Northern Ireland and ROI
- 19th Saint Joseph's Day – Christian
- 20th Spring Equinox  
Ostara – Mabon – Wicca/Pagan  
Northern and Southern hemispheres
- 21st Naw-Rúz (New Year) – Baha'i  
International Day for the Elimination of Racial Discrimination  
Norooz (New Year) – Persian/Zoroastrian  
Holi – Hindu  
Purim – Jewish  
World Down Syndrome Day  
Magha Puja (Sangha Day) – Buddhist  
Lord's Evening Meal – Jehovah's Witness Christian  
Hola Mohalla – Sikh
- 22nd World Water Day
- 24th World TB Day
- 25th Annunciation to the Theotokos – Orthodox Christian  
Annunciation of the Lord – Catholic Christian
- 28th Khordad Sal (Birth of Prophet Zarathushtra) – Zoroastrian
- 31st Mothering Sunday  
British Summer Time begins  
International Transgender Day of Visibility

All Jewish holidays begin at sundown on the evening before.







# April 2019

Jens Stoltenberg – current  
NATO Secretary General



April marks the anniversary of 70 years since the signing of the North Atlantic Treaty. The North Atlantic Treaty Organization (NATO) is an intergovernmental military alliance between 29 North American and European countries. NATO constitutes a system of collective defence whereby its independent member states agree to mutual defence in response to an attack by any external party.

Evil can kill a person but  
**never conquer** a people.

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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 14	1	2	3	4	5	6	7
Week 15	8	9	10	11	12	13	14
Week 16	15	16	17	18	19	20	21
Week 17	22	23	24	25	26	27	28
Week 18	29	30					

April is Autism Awareness Month | Alcohol Awareness Month | Stress Awareness Month |  
Bowel Cancer Awareness Month | Parkinson's Awareness Month

○ Last Quarter ● New Moon ○ First Quarter ○ Full Moon

## Special Days

- 1st April Fool's Day
- 2nd World Autism Awareness Day
- 3rd Lailat al Miraj – Islam
- 7th World Health Day
- 8th International Romani Day
- 14th Birth of the Khalsa (Vaisakhi) – Sikh
- Rama Navami – Hindu
- Palm Sunday – Christian
- 17th Mahavir Jayanti – Jain
- 18th Birthday of Guru Tegh Bahadur – Sikh
- Birthday of Guru Angad Dev – Sikh
- Maundy Thursday – Christian
- 19th Good Friday – Christian
- Bank Holiday – England, Wales, Scotland and Northern Ireland
- Theravada New Year – Buddhist
- Hanuman Jayanti – Hindu
- 20th Holy Saturday – Christian
- Passover – Jewish
- Lailat al Bara'ah – Islam
- Lazarus Saturday – Orthodox Christian
- 21st Easter Sunday – Christian
- First Day of Ridvan – Baha'i
- Palm Sunday – Orthodox Christian
- 22nd Easter Monday – Christian
- Bank Holiday – England, Wales, Northern Ireland and ROI
- Earth Day
- 23rd Saint George's Day – Christian
- 25th World Malaria Day
- 26th Holy Friday – Orthodox Christian
- 28th World Day for Health & Safety at Work
- Pascha (Easter) – Orthodox Christian
- 29th Ninth Day of Ridvan – Baha'i
- 30th Saint James the Great's Day – Orthodox Christian

All Jewish holidays begin at sundown on the evening before.







# May 2019

Madam C. J. Walker



Sarah Breedlove, known as Madam C. J. Walker, was the first female self-made millionaire in the US. She became one of the most successful women and African-American business owners ever. She made her fortune by developing and marketing a line of beauty and hair products. 25th May marks 100 years since her death.

I want to say to every  
Negro woman present,  
don't sit down and wait for  
the opportunities to come.  
**Get up** and make them!

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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 18			1	2	3	4 <sup>•</sup>	5
Week 19	6	7	8	9	10	11	12 <sup>○</sup>
Week 20	13	14	15	16	17	18 <sup>○</sup>	19
Week 21	20	21	22	23	24	25	26 <sup>○</sup>
Week 22	27	28	29	30	31		

May is Action on Stroke Month | Mental Health Awareness Month | Hepatitis Awareness Month |  
UK National Walking Month | Celiac Awareness Month

○ Last Quarter    ● New Moon    ○ First Quarter    ○ Full Moon

## Special Days

- 1st Beltane – Samhain – Wicca/Pagan Northern and Southern hemispheres
- 2nd Twelfth Day of Ridvan – Baha'i  
Birthday of Guru Arjan Dev – Sikh  
Yom HaShoah (Holocaust Remembrance Day) – Jewish
- 3rd World Press Freedom Day
- 6th Bank Holiday – England, Wales, Scotland, Northern Ireland and ROI  
Ramadan begins – Islam
- 7th Akshaya Tritiya – Hindu, Jain
- 8th World Red Cross Red Crescent Day  
Yom HaZikaron (Israeli Memorial Day) – Jewish
- 9th Yom Ha'Atzmaut (Israeli Independence Day) – Jewish
- 12th International Nurses Day
- 13th Our Lady of Fatima – Christian
- 15th International Day of Families
- 17th International Day Against Homophobia, Transphobia and Biphobia
- 19th Vesak – Buddha Day – Buddhist
- 21st World Day for Cultural Diversity for Dialogue and Development
- 22nd International Day for Biological Diversity
- 23rd Birthday of Guru Amar Das – Sikh  
Lag B'Omer – Jewish
- 24th Declaration of the Báb – Baha'i
- 27th Bank Holiday – England, Wales, Scotland and Northern Ireland
- 29th Ascension of Baha'u'llah – Baha'i  
International Day of United Nations Peacekeepers
- 30th Ascension of Jesus – Christian
- 31st World No Tobacco Day  
Lailat al-Qadr – Islam  
Quds Day – Islam

All Jewish holidays begin at sundown on the evening before.







# June 2019

## Stonewall Riots



28th June is the 50th anniversary of the Stonewall riots, a series of spontaneous, violent demonstrations by members of the LGBT community against a police raid that occurred early morning at the Stonewall Inn, a gay club, located in Greenwich Village in New York. They served as a catalyst for the gay rights movement and the modern fight for LGBT rights.

This was the Rosa Parks moment, the time that gay people **stood up and said no**.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 22						1	2
Week 23	3	4	5	6	7	8	9
Week 24	10	11	12	13	14	15	16
Week 25	17	18	19	20	21	22	23
Week 26	24	25	26	27	28	29	30

June Motor Neurone Disease Awareness Month | Stillbirth & Neonatal Death Awareness Month |  
LGBT Pride Month | Men's Health Awareness Month | Gypsy, Roma and Traveller History Month

○ Last Quarter ● New Moon ○ First Quarter ○ Full Moon

## Special Days

- 1st Global Day of Parents
- 2nd Yom Yerushalayim (Jerusalem Day) – Jewish
- 3rd Bank Holiday – ROI
- 4th International Day of Innocent Children Victims of Aggression
- 5th World Environment Day  
Eid al Fitr – Islam
- 6th Ascension of the Lord – Orthodox Christian
- 9th Pentecost – Christian  
Shavuot – Jewish  
Race Unity Day – Baha'i
- 12th World Day against Child Labour
- 14th World Blood Donor Day
- 15th World Elder Abuse Awareness Day
- 16th Martyrdom of Guru Arjan Dev – Sikh  
Trinity Sunday – Christian  
Pentecost – Orthodox Christian  
Father's Day
- 17th World Day to Combat Desertification and Drought
- 20th World Refugee Day  
Corpus Christi – Christian
- 21st Summer Solstice  
Litha – Yule – Wicca/Pagan Northern and Southern hemispheres  
World Humanist Day
- 24th Nativity of Saint John the Baptist – Christian
- 28th Sacred Heart of Jesus – Christian
- 29th Feast of Saints Peter and Paul – Christian

All Jewish holidays begin at sundown on the evening before.







# July 2019

Marie Skłodowska Curie



4th July marks 85 years since the death of Marie Curie, a Polish and naturalized-French physicist and chemist who conducted pioneering research on radioactivity. She was the first woman to win a Nobel Prize, the first person and only woman to win twice and the only person to win a Nobel Prize in 2 different sciences.

I have frequently been questioned, especially by women, of how I could reconcile family life with a scientific career. Well, it has not been easy.

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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 27	1	2	3	4	5	6	7
Week 28	8	9	10	11	12	13	14
Week 29	15	16	17	18	19	20	21
Week 30	22	23	24	25	26	27	28
Week 31	29	30	31				

July is UV Safety Month | Make a Difference to Children Month | International Women with Alopecia Month |  
Group B Strep Awareness Month | Scams Awareness Month

Last Quarter New Moon First Quarter Full Moon

## Special Days

- 4th US Independence Day
- 5th Birthday of Guru Hargobind – Sikh
- 10th Martyrdom of the Báb – Baha'i
- 11th Saint Benedict's Day – Christian
- World Population Day
- 12th Orangemen's Day
- Bank Holiday – Northern Ireland
- 15th Saint Vladimir the Great's Day – Orthodox Christian
- World Youth Skills Day
- 16th Asalha Puja (Dharma Day) – Buddhist
- 17th World Day for International Justice
- 18th Nelson Mandela International Day
- 22nd Feast Day of Saint Mary Magdalene – Christian
- 23rd Birthday of Guru Har Krishan – Sikh
- Birthday of Emperor Haile Selassie – Rastafari
- 24th Pioneer Day – Mormon Christian
- 25th Saint James the Great's Day – Christian
- 28th World Hepatitis Day
- 30th World Day against Trafficking Persons
- International Day of Friendship

All Jewish holidays begin at sundown on the evening before.







# August 2019

Anne Frank



Annelies Marie Frank was a German-born Jewish diarist who gained fame posthumously following the publication of "The Diary of a Young Girl" in which she documents her life in hiding from 1942 to 1944. 4th August marks 75 years from the arrest of Anne and her family by the Gestapo in a secret annex in the building where Anne's father, Otto Frank, worked in Amsterdam.

We all live with the objective of being happy; our lives are **all different and yet the same.**

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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 31				1 <sup>•</sup>	2	3	4
Week 32	5	6	7 <sup>°</sup>	8	9	10	11
Week 33	12	13	14	15 <sup>°</sup>	16	17	18
Week 34	19	20	21	22	23 <sup>°</sup>	24	25
Week 35	26	27	28	29	30 <sup>•</sup>	31	

August is Health & Safety Month | Psoriasis Awareness Month | Black Business Month  
Children's Eye Health & Safety Month

○ Last Quarter    ● New Moon    ○ First Quarter    ○ Full Moon

## Special Days

- 1st **Lammas** – *Christian*  
**Fast in honour of Holy Mother of Lord Jesus** – *Orthodox Christian*  
**Lughnasadh** – *Imbolc* – *Wicca/Pagan*  
*Northern and Southern hemispheres*
- 5th **Summer Bank Holiday** – *Scotland and ROI*
- 6th **Transfiguration of the Lord** – *Orthodox Christian*  
**Transfiguration Sunday** – *Christian*
- 9th **International Day of the World's Indigenous Peoples**
- 10th **Waqf al Arafa** – *Islam*
- 11th **Tish'a B'av** – *Judaism*
- 12th **International Youth Day**  
**Eid al Adha** – *Islam*
- 15th **Assumption of Blessed Virgin Mary** – *Catholic Christian*  
**Dormition of the Theotokos** – *Orthodox Christian*  
**Raksha Bandhan** – *Hindu*
- 19th **World Humanitarian Day**
- 22nd **Queenship of Mary** – *Catholic Christian*
- 23rd **Krishna Janmashtami** – *Hindu*
- 26th **Summer Bank Holiday** – *England, Wales and Northern Ireland*
- 27th **Paryushana Parvarambha begins** – *Jain*
- 29th **Beheading of Saint John the Baptist** – *Christian*

*All Jewish holidays begin at sundown on the evening before.*

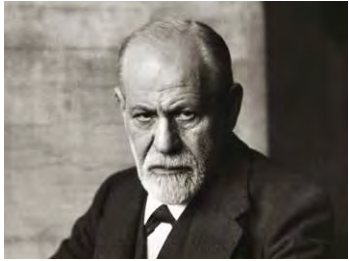






# September 2019

## Sigmund Freud



Sigmund Freud was an Austrian neurologist and the founder of psychoanalysis who died 80 years ago on 23rd September. His work and theories helped shape our views of childhood, personality, memory, sexuality and therapy. He is regarded as one of the most influential, and controversial, minds of the 20th century.

Most people do not really want freedom, because **freedom** involves responsibility, and most people are frightened of responsibility.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 35							1
Week 36	2	3	4	5	6 <sup>o</sup>	7	8
Week 37	9	10	11	12	13	14 <sup>o</sup>	15
Week 38	16	17	18	19	20	21	22 <sup>o</sup>
Week 39	23	24	25	26	27	28 <sup>●</sup>	29
Week 40		30					

September Sickle Cell Awareness Month | Childhood Cancer Awareness Month | International Blood Cancer Awareness Month | World Alzheimer's Month | World Dementia Awareness Month

○ Last Quarter ● New Moon ○ First Quarter ○ Full Moon

## Special Days

- 1st Religious year begins – Orthodox Christian  
Al-Hijra/Muharram (New Year) – Islam
- 2nd Ganesh Chaturthi – Hindu
- 3rd Samvatsari – Jain
- 5th International Day of Charity
- 8th Nativity of Virgin Mary – Christian  
International Literacy Day  
Racial Justice Sunday
- 10th World Suicide Prevention Day  
Ashura – Islam
- 12th Anant Chaturdashi – Jain
- 14th The Triumph of the Cross – Christian
- 15th International Day of Democracy
- 21st International Day of Peace  
World Alzheimer's Day
- 23rd Bi Visibility Day  
Autumn Equinox  
Mabon – Ostara – Wicca/Pagan  
Northern and Southern hemispheres
- 27th Meskel – Ethiopian Orthodox Christian
- 28th International Right to Know Day
- 29th Michaelmas – Saint Michael and All Angels – Christian  
Navaratri begins – Hindu  
World Heart Day
- 30th Rosh Hashanah – Jewish

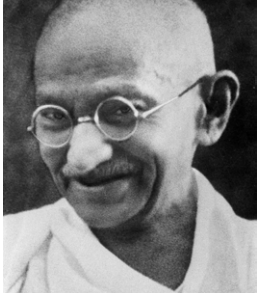
All Jewish holidays begin at sundown on the evening before.





# October 2019

Mahatma Gandhi



2nd October marks 150 years since the birth of Mohandas Karamchand Gandhi, an Indian activist. Employing nonviolent civil disobedience, Gandhi led India to independence and inspired movements for civil rights and freedom across the world. Gandhi was shot to death in Delhi in January 1948.

The day the power of love overrules the love of power, the world will know **peace**.

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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 40		1	2	3	4	5 <sup>o</sup>	6
Week 41	7	8	9	10	11	12	13 <sup>o</sup>
Week 42	14	15	16	17	18	19	20
Week 43	21 <sup>o</sup>	22	23	24	25	26	27
Week 44	28 <sup>●</sup>	29	30	31			

October is Breast Cancer Awareness Month | Down Syndrome Awareness Month | Black History Month (UK) | Lupus Awareness Month | Global Diversity Awareness Month

○ Last Quarter   ● New Moon   ○ First Quarter   ○ Full Moon

## Special Days

- 1st International Day of Older Persons
- 2nd International Day of Non-Violence  
Feast of the Guardian Angels – Christian
- 4th Saint Francis' Day – Christian  
Blessing of the Animals – Christian
- 8th Dussehra - Dasara – Hindu
- 9th Birthday of Guru Ram Das – Sikh  
Yom Kippur – Jewish
- 10th World Mental Health Day  
World Sight Day
- 11th International Day of the Girl Child
- 14th Sukkot – Jewish
- 15th International Day of Rural Women
- 16th World Food Day
- 17th International Day for the Eradication of Poverty
- 18th Saint Luke, Apostle & Evangelist – Christian
- 21st Shemini Atzeret – Jewish
- 22nd Simchat Torah – Jewish
- 24th United Nations Day
- 26th Intersex Awareness Day
- 27th Diwali – Deepavali – Hindu, Sikh, Jain  
Bandi Chhor Divas – Sikh  
British Summer Time ends
- 28th Bank Holiday – ROI  
New Year – Jain
- 29th World Stroke Day  
Birth of the Báb – Baha'i
- 30th Birth of Baha'u'llah – Baha'i
- 31st All Hallows' Eve – Christian  
Samhain (Halloween) – Beltane – Wicca/Pagan Northern and Southern hemispheres  
Reformation Day – Protestant Christian

All Jewish holidays begin at sundown on the evening before.





# November 2019

George Eliot



22nd November is 200 years since the birth of George Elliot, the pen name for Mary Anne Evans, an English novelist, poet, journalist, translator and one of the leading writers of the Victorian era. Her novels are set in provincial England and known for their realism and psychological insight. Mary Anne used a male pen name, she said, to ensure that her works would be taken seriously.

No story is the same to us after a lapse of time; or rather we who read it are **no longer the same** interpreters.

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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 44					1	2	3
Week 45	4 <sup>o</sup>	5	6	7	8	9	10
Week 46	11	12 <sup>o</sup>	13	14	15	16	17
Week 47	18	19 <sup>o</sup>	20	21	22	23	24
Week 48	25	26 <sup>•</sup>	27	28	29	30	

November is Lung Cancer Awareness Month | Pancreatic Cancer Awareness Month |  
Mouth Cancer Action Month | COPD Awareness Month |  
Movember Men's Health Awareness Month

○ Last Quarter ● New Moon ○ First Quarter ○ Full Moon

## Special Days

- 1st All Saints' Day – Christian
- 2nd All Souls' Day – Christian
- Coronation of Emperor Haile Selassie I – Rastafari
- 5th Guy Fawkes Night
- 8th Intersex Day of Solidarity
- 9th Dedication of the Lateran Basilica – Catholic Christian
- 10th Mawlid al-Nabi – Islam
- Remembrance Sunday
- 11th Armistice Day – Interfaith
- 12th Birthday of Guru Nanak Dev – Sikh
- 13th World Kindness Day
- 14th World Diabetes Day
- 15th Nativity Fast begins – Orthodox Christian
- 17th International Students' Day
- 19th International Men's Day
- 20th Universal Children's Day
- Transgender Day of Remembrance
- 21st Presentation of the Theotokos – Orthodox Christian
- 24th Martyrdom of Guru Tegh Bahadur – Sikh
- Feast of Christ the King – Christian
- 25th International Day for the Elimination of Violence against Women
- 26th Day of the Covenant – Baha'i
- 28th Ascension of Abdu'l-Bahá – Baha'i
- Thanksgiving – Interfaith USA
- 30th Saint Andrew's Day – Christian

All Jewish holidays begin at sundown on the evening before.







# December 2019

Irving Zola



1st December is the 25th anniversary since the death of Irving Zola, an American activist and writer in medical sociology and disability rights. He came from a working-class Jewish family and at the age of 16 was stricken by polio. He was a founding member of the Society for Disability Studies.

Until we own our disability as an important part of our identity, any attempt to create a meaningful pride, social movement or culture is doomed.

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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 48							1
Week 49	2	3	4 <sup>○</sup>	5	6	7	8
Week 50	9	10	11	12 <sup>○</sup>	13	14	15
Week 51	16	17	18	19 <sup>○</sup>	20	21	22
Week 52	23	24	25	26 <sup>●</sup>	27	28	29
Week 1	30	31					

December is Universal Month for Human Rights | Spiritual Literacy Month | Decembeard

○ Last Quarter ● New Moon ○ First Quarter ○ Full Moon

## Special Days

- 1st World AIDS Day  
Advent Sunday – Christian
- 2nd Bank Holiday – Scotland  
International Day for the Abolition of Slavery
- 3rd International Day of Persons with Disabilities
- 6th Saint Nicholas' Day – Christian
- 8th Feast of the Immaculate Conception – Christian  
Rohatsu (Bodhi Day) – Buddhist
- 9th International Anti-Corruption Day
- 10th Human Rights Day
- 12th Feast Day of Our Lady of Guadalupe – Catholic Christian
- 18th International Migrants Day
- 20th International Human Solidarity Day
- 21st Yule – Litha – Wicca/Pagan Northern and Southern hemispheres  
Yule – Christian
- 22nd Winter Solstice
- 23rd Chanukah – Jewish
- 24th Christmas Eve – Christian
- 25th Christmas Day – Christian  
Bank Holiday – England, Wales, Scotland, Northern Ireland and ROI  
Feast of the Nativity – Orthodox Christian
- 26th Saint Stephen's Day – Christian  
Boxing Day  
Bank Holiday – England, Wales, Scotland, Northern Ireland and ROI  
Zarathosht Diso (Death of Prophet Zarathushtra) – Zoroastrian
- 28th Holy Innocents – Christian
- 29th Feast of the Holy Family – Catholic Christian
- 31st New Year's Eve/Hogmanay  
Watch Night – Christian

All Jewish holidays begin at sundown on the evening before.



# The Inclusion Workshop

Practical half day training session for all staff

*Fresh thinking! Innovative perspectives! Packed with new concepts and ways of working. Highly relevant for all organisations.*

## Key Points

- From diversity to inclusion – how the workplace is changing.
- Recognising and building on individual strengths.
- Unleashing the potential of all of your staff
- Top 10 business benefits of inclusion – and how to measure them.
- Turning team meetings into drivers of inclusion – 5 point checklist.
- How to leverage untapped individual potential for organisational success.
- Creating an inclusion strategy for your organisation, department or team.
- The daily language and individual behaviours of inclusion.
- Collective coaching – a practical management framework for building inclusion in the workplace.
- How inclusion can unlock creativity - questions to ask all staff!
- Going beyond engagement and empowerment to inclusion - follow the inclusion process.
- How to build inclusion benefits into every encounter and engagement.
- Inclusion training for all managers and staff - how you can make it happen.
- Building Inclusion in the Workplace – personal action plans.

## Book your in-house workshops now

Suitable for groups of 10 – 50 individuals

Choose Morning (9:30am - 12:30pm) or Afternoon (2pm - 5pm) sessions.

## Trainer Training Development Opportunities

Trainer training programme available to enable your staff to deliver The Inclusion Workshop in-house.

## Licensed Trainers

Become an approved Inclusion trainer in your area (p/t & f/t roles).

## Further information on The Inclusion Workshop

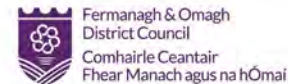
Book online at [www.diversiton.com](http://www.diversiton.com)

Contact Des McCabe to discuss - [diversiton@gmail.com](mailto:diversiton@gmail.com) / 07717 203325





# Inclusion Partners 2019







**DIVERSIDAD  
& INCLUSIÓN TxD**  
Perspectivas diversas,  
soluciones innovadoras



París, formerly known as Almacenes París (Paris Department Stores) is based in Chile and is owned by the multinational Cencosud. París received the Inclusion Award and the Diversity Champion Award for 2019. See [www.diversitychampion.org](http://www.diversitychampion.org)



**Diversity Champion**  
Corporate Award 2019



**Inclusion**  
Award 2019

