

# Play for Fun

## Term 1

2 October – 8 December 2017

### What is Play for Fun?

NTU Sport boasts the motto Proud to be NTU. We pride ourselves in offering something for everyone, whether you're a beginner, want to get back into a sport you love without the commitment, or just want an alternative to the gym, there's an activity for you.

Play for fun is your portal to discovering new sports opportunities, making new friends in a friendly environment, and developing new passions. It is perfect for those who want to try more than one sport, but most importantly, just want to have some fun!

### Why Play For Fun?

Play sport and be active without the commitment of joining of a club. Perfect for those who just want to have fun and play more than one sport on a casual basis. Some of the sessions are coach-led, and they all take place in a friendly atmosphere.

### Price

Sessions cost just £2 and no NTU Active membership or Sports club membership is required. Sessions are free to those with membership. All equipment will be provided.



Monday	Tuesday	Wednesday	Thursday	Friday	Sunday
<b>Men's Futsal</b> 5 pm – 6 pm Clifton Sports Centre		<b>Tennis</b> 12 pm – 1 pm Clifton Tennis Centre	<b>Trampolining</b> 5 pm – 7 pm City Sports Centre	<b>Gymnastics</b> 4.30 pm – 6 pm City Sports Centre	<b>Badminton</b> 9 am – 10 am City Sports Centre
	<b>Self Defence</b> 5 pm – 6 pm City Sports Centre	<b>Exercise Class</b> 1.15 pm – 2 pm Bramley Building	<b>Brack Hall Sport</b> 5 pm – 7 pm Brackenhurst Southwell Leisure Centre	<b>Running</b> 5 pm – 6 pm Meet outside Clifton Sports Centre	
	<b>Running</b> 5 pm – 6 pm Meet at Bramley Reception	<b>Touch Rugby</b> 1 pm – 2.30 pm Clifton Training Grid, Pitch 1		<b>Wheelchair Basketball</b> 5 pm – 6.30 pm Clifton Sports Centre	<b>Basketball</b> 10 am – 11 am City Sports Centre
<b>Climbing**</b> 5 pm – 7 pm City SU Climbing Wall		<b>Bracktive</b> 3.30 pm – 5.30 pm Brackenhurst Check website for further details, locations and schedule of events	<b>Table Tennis</b> 5.30 pm – 6.30 pm Clifton Sports Centre		
<b>Volleyball</b> 5 pm – 6.30 pm City Sports Centre	<b>Squash</b> 7.15 pm – 8.30 pm Clifton Sports Centre			<b>Squash</b> 5.45 pm – 7.15 pm Clifton Sports Centre	<b>Running</b> 10.30 am – 11.30 am Meet outside City Sports Centre
		<b>Handball</b> 6 pm – 7 pm City Sports Centre	<b>Netball</b> 6 pm – 7 pm Clifton Sports Centre	<b>Netball</b> 6 pm – 7.30 pm City Sports Centre	
<b>Tennis</b> 5.30 pm – 7 pm Clifton Tennis Centre	<b>Basketball</b> 9 pm – 10.30 pm Clifton Sports Centre	<b>Climbing**</b> 6 pm – 8 pm City SU Climbing Wall			<b>Tennis</b> 1 pm – 2 pm Clifton Tennis Centre
<b>Table Tennis</b> 6 pm – 7 pm Clifton Sports Centre			<b>Dodgeball</b> 7.30 pm – 9 pm City Sports Centre	<b>Touch Rugby</b> 6 pm – 7.30 pm Clifton Astro Turf	
<b>Badminton</b> 8 pm – 9.30 pm City Sports Centre		<b>Basketball</b> 7 pm – 8 pm City Sports Centre	<b>Badminton</b> 8.30 pm – 10.30 pm Clifton Sports Hall	<b>Men's Futsal</b> 9 pm – 10.15 pm City Sports Centre	

\*Please note: some of our sessions may require an advance booking. Check the timetable and website for more details.

\*\*Climbing sessions are split into 1 hour sessions, pre-booking is advisable as there are only six spaces available each hour.

## Key

**Pink = City**

**Blue = Clifton**

**Grey = Brackenhurst**

**C** = These sessions are led by a coach, giving you the opportunity to improve your skills and develop your knowledge of the sport.

### How to get involved

It's very easy to get involved with any of our sessions. You can turn up, sign in at reception and you're ready to go! If you need assistance, please let us know in advance.



### Intramural Sport

Our intramural leagues allow you the chance to play competitive sport within the University.

Represent your hall, society, course or simply round up some of your mates to form a team.

All leagues and sessions start from 6 October 2017.

Everyone is welcome!



[www.ntu.ac.uk/playforfun](http://www.ntu.ac.uk/playforfun)

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