

NTU Sport Access Scheme

The Sport Access Scheme is an initiative launched by NTU Sport and Student Support Services.

If you are new to sport or interested in using the gym or trying out a new sport, then this scheme may be a way for you to start getting involved.

Through referral from a member of the Student Support Services Team, you can meet with NTU Sport to find out more about your options. They will be able to discuss and plan with you your goals and choices regarding the level of involvement at the gym, coaching or social/beginner Sport sessions that you feel you may want to join.

The scheme entitles you to six free of charge sessions using a variety of the facilities of NTU Sport.

How can you be referred?

- You need to be currently receiving support from Student Support Services; Mental Health, Counselling, & Disability Support services and be keen to benefit physically and mentally from sport activities and want to be referred.

Students are then referred by a member of the Student Support Services team.

For further information contact the Mental Health Support Team / Counselling Service/Disability Support Team/Student Support Officer Team:

www.ntu.ac.uk/student_services/health_wellbeing

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For more information, email sport@ntu.ac.uk

www.ntu.ac.uk/sport



NTU Sport

