

MindLine

TRANS

Transgender helpline



Open Monday & Friday 8pm-midnight

0300 330 5468

MindLine Trans+ is a confidential, non-judgemental listening service for people who identify as Trans, non-binary and their friends, families and allies.

Our experienced, compassionate Trans call-handlers are here to listen to, support & understand any issues you may have relating to being Trans. We can also signpost you to other places of support.

[www.mindline.org.uk](http://www.mindline.org.uk)

